COMPULSORY MOVES



General event parameters:

- 1. Levels 1-4 will be skated on half ice
- 2. Elements may be performed only once.
- 3. The skater may include connecting steps between the required elements.
- 4. Music is not allowed
- 5. If using IJS, please see page 2 for spin calling clarifications.
- 6. Applicable deductions:
 - a. Time Violations
 - 1. IJS for up to every 5 seconds in excess = -0.25
 - 2. 6.0 for up to every 10 seconds in excess = 0.1
 - b. Fall Deductions:
 - 1. IJS for each fall = -0.25
 - 2. 6.0 for each fall = -0.1

LEVEL	SOLO JUMP	JUMP COMBINATION/SEQUENCE	SPIN	CHOREO/ STEP SEQUENCE
Level 1 1:15 max	Half Flip or Half Lutz	Waltz Jump + Waltz Jump + SEQ	Forward One-Foot Upright Spin No flying entry No change of foot Min. 3 revs.	Spiral on Both Legs No Variations Forward (FSpr1) or Backwards (BSpr1) Leg must be hip level or higher for min. 3 secs.
Level 2 1:15 max	Single Salchow or Single Toe Loop	Waltz Jump + Single Toe Loop	Forward Sit Spin	Choreographic Sequence (pChSq) that must be one spiral with variation and one of the following: Split Jump Stag Jump Falling Leaf
Level 3 1:15 max	Single Loop	Choice of one of the following options: • Single Flip + Single Toe Loop • Single Lutz + Single Toe Loop • Single Flip + Single Loop • Single Lutz + Single Loop	Forward Camel Spin No flying entry No change of foot Min. 3 revs.	Choreographic Sequence (pChSq) Must be 2 different skating movements and clearly visible
Level 4 1:15 max	Double Salchow or Double Toe Loop	Choice of one of the following options: • Single Axel + Single Toe Loop • Single Axel + Single Loop	Combination Spin No flying entry No change of foot Min. 6 revs. total	Choreographic Sequence (pChSq)

COMPULSORY MOVES



Spin Calling Clarifications

Except as noted below, all spins will be assessed per ISU Communications 2623 (Levels of Difficulty) and 2656 *SOV), and ISU spin criteria and any associated "V" will be applied.

For competition events Levels 1-4:

Spin in one position: If a basic position is not achieved for two continuous revolutions, but there is a recognizable position attempted (CSp, SSp, LSp, USp, CCSp, CLSp, CUSp), the spin will receive a Level Base.

• **Level Feature:** Five continuous revolutions (no change in position, edge, variation; no loss of basic position) in camel, sit, layback or Biellmann; compulsory for higher than Level Base. (Note: Unlike ISU criteria, this feature does not require the basic sit position to be in a difficult variation.)